

Tunbridge Wells Girls' Grammar School Combined Cadet Force

UIN: TO319A

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4 January 2019

Dear Parents/Caregivers

Re: Military Swim Test on 8 February and 15 February 2019

We would like to take the whole contingent to the Tunbridge Wells Leisure Centre (Fusion) at 1500 on 8 February 2019. This will allow all cadets to complete the Military Swim Test under the right conditions (life guards present and qualification closely supervised). Once this is passed, it will last for the duration of your child's time in the CCF. In future years we will only take the new recruits for this qualification.

Staff must attest for any cadet's ability in water. If cadets do not complete this test on one of the dates above, they will have to be recorded as a non-swimmer. This is not a problem but will just mean cadets will have extra safety precautions during any Army CCF water activity like kayaking, river crossings and rafting. However, this is a compulsory pre-requisite for Royal Navy cadets, owing to the nature of their training out of school. Therefore, we strongly recommend that Friday 8 February is a priority, in order to get this simple qualification completed. Testing will begin after school, at Fusion, at 1500. Anyone unable to be tested on 8 February, or who would like to have a re-test, can come down to the Fusion pool on 15 February at 1500 and complete it. All CCF staff will also be doing the test on this date.

We will travel to Fusion on foot immediately after school but cadets should make their own way as soon as they can. We encourage them to walk in pairs. The test will take no more than 15 mins and the cadets will be doing it in batches of six – eight, at three minute intervals. Your daughter will wear her one piece swimming costume underneath light clothing (shorts and a long sleeved t shirt or a set of long sleeved pjs would be ideal). She will be required to swim 100 metres non-stop, tread water for 2 minutes and then get out of the pool unaided. All recruits (year 9s) – as far as is practicable - will do their test in the first hour and all other members of the contingent will do their test from 1600. However, we can be flexible to fit in with family commitments.

We have had to hire the diving pool for this test and would appreciate a contribution of a £1 coin to help cover the expense of this test; this can be brought on the day and handed in to staff. Please sign the slip below to give permission and a commitment. Cadets are free to leave after the test and parents can pick up their children from Fusion or arrange for them to travel home from there.

Yours sincerely



Major A Reynolds
TWGGS CCF
Contingent Commander

My child _____ will complete the Military Swim Test on 8 Feb /15 Feb/ She will not complete this qualification and will be a declared non-swimmer for future activities (Cannot be an RN cadet if this is not completed). If participating, she will bring £1 in cash to offset the cost of pool hire on the day.

Parental signature _____ Date _____