

TWGG CCF – Sniper School @ TWGG- afternoon of 17 May and Saturday 18 May
TWGG CCF – Operation Safari Weekend – Crowborough Date:14–16 June 2019



Name:		Home Phone:	
Date of Birth		Parent name:	
Age		Dates on camp:	17 or 18 May AND 14-16 June

Medical Information – Strictly confidential

Details of all ailments, current treatments & medication are required. All medication being taken at the time of attending camp should be declared.

Do you have or ever had any of the following? Please give details:

CONDITION:	Yes / No	COMMENTS:	
Heart or circulatory ailments	Yes / No	Have you ever got chest pain from physical activity?	Yes / No
Heart attack	Yes / No	Details of any other ailments or medication:	
Angina	Yes / No		
High Blood Pressure	Yes / No		
Heart Failure	Yes / No		
Respiratory ailments / disease	Yes / No	Do you ever feel Short of breath?	Yes / No
Asthma	Yes / No	Have you ever had hospital admission for asthma?	Yes / No
COPD (emphysema)	Yes / No	Are you on oral steroids for your chest condition?	Yes / No
Epilepsy / seizures	Yes / No	Have you ever had episodes of fainting / collapse?	Yes / No
Diabetes	Yes / No	Tablet controlled or insulin controlled?	
Blood clot to Lung / leg (PE / DVT)	Yes / No		
Gastro-intestinal ailments(stomach)	Yes / No	Dietary Requirements? (please circle or add specifics)	
Stroke / Trans-ischemic Attack	Yes / No	Halal	
Joint / limb ailments	Yes / No	Kosher	
Dermatology (Skin) ailments	Yes / No	Gluten Intolerant	
Do you take Blood thinning medication? (e.g. aspirin/ warfarin)	Yes / No	Vegetarian	
Are you Pregnant	Yes / No	Vegan	
Hospital admissions in 6 months	Yes / No	Other	
Had surgery in last 12 months	Yes / No		
Drug Allergies	Yes / No		
Food / Other Allergies	Yes / No		
On ANY medication	Yes / No	Name:	Dose: Times a day:

I give permission for my child _____ to attend the activity above as part of TWGG CCF and the phone number I have supplied is a reliable method of contacting me if my child should need emergency medical attention or need to be transported home. I understand that first aid will be administered if necessary and staff may need to take my child for emergency care in case of a serious accident or incident. While I give permission for this action, I know I will be informed at the earliest possible convenience.

I enclose the required fee for this exercise (only payable for Year 10 cadets who are joining this exercise unless they come to Sniper School and donate their time to help revise the recruits). Any cheques need to be made out to TWGG CCF for £10 – if you cannot help out at all and only want to come on the expedition.

Your child will have had lessons on packing a Bergen. They will be issued a Bergen prior to this weekend and they must pack it according to the issued kit list. They will bring that to school on Friday 14th. They will be issued food for the weekend at camp. They will also learn navigation and will have both theory and practical lessons to ensure they will be able to write their route cards prior to departure on Saturday afternoon. TWGG CCF will provide all the training for the Expedition and have already covered living in the field and first aid, along with other skills. This is the only expedition that will be acceptable for your cadet to pass the Bronze DofE award so they must attend. . Please note, this is a civilian activity so no uniform to be worn on the expedition but they can wear their boots.

As a reminder, please note that TWGG CCF has provided the skill element of this award – the final part of it will be compulsory attendance at Sniper School on 17 and 18 May. We will provide a timetable nearer to this event where your cadet will sign up for a two hour slot on either Friday or Saturday in order to complete a full WHT and that will finish the required hours for their 6 month skill. RN cadets will be informed of their requirements by their officers.

They will be put into groups for the expedition by staff on camp.

All cadets must ensure the other parts of their DofE are completed independently (eDofE) in order to finish this award.

Parent Signature _____ Date _____