



Cadet Name:		Reliable Home Phone:	
Date of Birth and present age		Parent name:	

Medical Information – Strictly confidential

Details of all ailments, current treatments & medication are required. All medication being taken at the time of attending camp should be declared.

Do you have or ever had any of the following? Please give details:

CONDITION:	Yes / No	COMMENTS:	
Heart or circulatory ailments	Yes / No	Have you ever got chest pain from physical activity?	Yes / No
Heart attack	Yes / No		
Angina	Yes / No		
High Blood Pressure	Yes / No		
Heart Failure	Yes / No		
Respiratory ailments / disease	Yes / No	Do you ever feel Short of breath?	Yes / No
Asthma	Yes / No	Have you ever had hospital admission for asthma?	Yes / No
COPD (emphysema)	Yes / No	Are you on oral steroids for your chest condition?	Yes / No
Epilepsy / seizures	Yes / No	Have you ever had episodes of fainting / collapse?	Yes / No
Diabetes	Yes / No	Tablet controlled or insulin controlled?	
Blood clot to Lung / leg (PE / DVT)	Yes / No		
Gastro-intestinal ailments(stomach)	Yes / No	Dietary Requirements? (please circle or add specifics)	
Stroke / Trans-ischemic Attack	Yes / No	Halal	
Joint / limb ailments	Yes / No	Kosher	
Dermatology (Skin) ailments	Yes / No	Gluten Intolerant	
Do you take Blood thinning medication? (e.g. aspirin/ warfarin)	Yes / No	Vegetarian	
Are you Pregnant	Yes / No	Vegan	
Hospital admissions in 6 months	Yes / No	Other	
Had surgery in last 12 months	Yes / No		
Drug Allergies	Yes / No		
Food / Other Allergies	Yes / No		
On ANY medication	Yes / No	Name:	Dose: Times a day:

I give permission for my child to attend the activity above as part of TWGGS CCF that will be held on the above dates in Wales. I have supplied is a reliable method of contacting me if my child should need emergency medical attention or need to be transported home. I understand that first aid will be administered if necessary and staff may need to take my child for emergency care in case of a serious accident or incident. While I give permission for this action, I know I will be informed at the earliest possible convenience.

Year 10 and above cadets will leave school at 0930 on Friday and need a packed lunch and all the kit they have been instructed to pack by their SNCOs over the previous week. They should be ready for pick up from TWGGS on Sunday evening but will confirm a more accurate ETA on the day

This is our main advanced infantry weekend for the year. We are joining RGSHW – I consider them the finest fieldcraft CCF in the country and this is the first time they have invited us to train with them – although we have been aspiring to do this for some years. This school has won the Cambrian Patrol Competition a number of times. I hope we will be able to make it an annual event. It is superb preparation for the competition teams and those who really like the very green skills we learn in CCF. However, everyone will learn and improve.

Cadets must be prepared to live in the field throughout the whole exercise and they will learn a great deal about battle discipline and tactics. They will have the chance to participate in a platoon attack, have training in FIBUA (fighting in built up areas), recce patrols, ambushes, harbour drills, section attacks and more. It is a wonderful opportunity and you should encourage your cadet to come along.

Any further questions, please contact Major Reynolds on 01892 520 902 x 239.

I enclose the required fee for this exercise £20 made out to TWGGS CCF.

Parent Signature _____ Date _____